FOOTSTOMPIN' MUSIC & WINE

SONG: Rock Bottom Blues (Track Time 3.50)
ARTIST/ALBUM: Kid Rock/ Born Free (Track also available on iTunes)
CHOREOGRAPHER: JOHN HUGHES (JANUARY 2012)
DANCE STARTS: 32 COUNT INTRO

BEATS:	**STEPS: 64 COUNT 4 WALL INTERMEDIATE DANCE**	**VERSION: 1.00**
1– 8	**STEP SIDE, STEP BEHIND, FULL TURN, SIDE SHUFFLE, ROCK BACK, REPLACE**	
1, 2, 3, 4	Step R to R side, Step L behind R, Travelling to R Turn 360 deg R Stepping R, L	
5&6, 7, 8	Shuffle to R Stepping R, L, R, Rock/Step L behind R, Replace Step R fwd	12:00
9 –16	**STEP SIDE, STEP BEHIND, FULL TURN, SIDE SHUFFLE 1/4, STEP, PIVOT 1/2**	
1, 2, 3, 4	Step L to L side, Step R behind L, Travelling to L Turn 360 deg L Stepping L, R	
5 & 6, 7, 8	Shuffle to L Stepping L, R, L Turning 90 deg L, Step fwd on R, Pivot turn 180 deg L (wt on L)	3:00
17-24	**ROCK FWD, REPLACE, COASTER STEP, STEP FWD, 1/4 PIVOT, STEP FWD, 1/2 PIVOT**	
1, 2, 3 & 4	Rock/Step fwd on R, Rock/Replace back on L, Step Back on R & Step L beside R, Step fwd on R	
5, 6, 7, 8	Step L fwd, Pivot Turn 90 deg R (wt on R), Step L fwd, Pivot Turn 180 deg R (wt on R)	12:00
25-32	**ROCK FWD, REPLACE, COASTER STEP, STEP FWD, 1/4 PIVOT, STEP FWD, 1/4 PIVOT**	
1, 2, 3 & 4	Rock/Step fwd on L, Rock/Replace back on R, Step Back on L & Step R beside L, Step fwd on L	
5, 6, 7, 8	Step R fwd, Pivot Turn 90 deg L (wt on L), Step R fwd, Pivot Turn 90 deg L (wt on L)	6:00
33-40	**STEP FWD, 1/2 STEP, 1/2 TURNING SHUFFLE, FULL TURN, STEP FWD, 1/4 PIVOT**	
1, 2, 3 & 4	Step fwd on R, Turn 180 deg R Step back on L, Turning 180 deg R Shuffle Stepping R, L, R	6:00
5, 6, 7, 8	Turn 180 deg R Step back on L, Turn 180 deg R Step fwd on R, Step L fwd, Pivot Turn 90 deg R (wt on R)	9:00
41-48	**CROSS SHUFFLE, 1/4, 1/4, CROSS SHUFFLE, STEP SIDE, TAP TOE**	
1 & 2, 3, 4	Cross Shuffle Stepping L, R, L, Turn 90 deg L Stepping back on R, Turn 90 deg L Stepping L to L side	
5 & 6, 7, 8	Cross Shuffle Stepping R, L, R, Step L to L Side, Tap R toe beside L *	3:00
49-56	**R KICK BALL CHANGE, R KICK BALL CHANGE, R & L STOMP SWITCHES, DOUBLE STOMP, 1/4 TURN,**	
1 & 2, 3 & 4	Kick R foot fwd & Step R beside L, Step L beside R, Kick R foot fwd & Step R beside L, Step L beside R	
5 & 6 &	Stomp R heel beside L toe & Step R beside L, Stomp L heel beside R toe & Step L beside R	
7, 8 &	Stomp R heel beside L toe, Stomp R heel beside L toe & Turn 90 deg L Step R beside L	12:00
57-64	**L & R STOMP SWITCHES, DOUBLE STOMP, 1/4 TURN, STEP OUT, STEP OUT, STEP IN, STEP IN**	
1 & 2 &	Stomp L heel beside R toe & Step L beside R, Stomp R heel beside L toe & Step R beside L	
3, 4 &	Stomp L heel beside R toe, Stomp L heel beside R toe & Turn 90 deg R Step L beside R	
5, 6, 7, 8	Stomp/Step R to R side, Stomp/Step L to L side, Stomp/Step R to centre, Stomp/Step L beside R	3:00

RESTARTS: **ON WALL 2 & WALL 4 RESTART AT COUNT 48(*)**

To Finish: **Wall 8 Dance to count 20, then Stomp L to L, Stomp R to R**
1, 2, 3, 4

Choreographers note: The stomp switches are similar to heel switches but louder!!

Choreographer Details: John Hughes: 0409 399 817 Email: jhughes866@aol.com